

ALL ABILITIES MOVEMENT HUB · GEELONG

Built For You. Not Everyone Else.

Everything a support coordinator needs to know about referring a participant to Circle Square.

ADDRESS

96 Tucker St
Breakwater VIC 3219

CONTACT ALEX

0408 171 558
alex@circlesq.com.au

PROVIDER STATUS

Plan-managed & self-managed NDIS
ABN 39 623 835 259

WHO WE ARE

We Didn't Find the Right Space. So We Built It.

Circle Square is a purpose-built fitness and movement facility designed entirely for people with disability. A facility built from scratch, with the equipment, layout, staffing model, and culture to genuinely support participants with a wide range of needs and goals.

Every person on our team is both a qualified personal trainer and an experienced disability support worker. That combination is not common. It means the person supporting your participant understands movement and programming, not just supervision.

STAFF RATIO 1:3 Maximum. Never exceeded in group programs.	OUT-OF-POCKET COST \$0 All services claimed through NDIS. No gap fees.	PROGRAM LENGTH 12-Week Goal blocks with formal reviews and documented outcomes.
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Participants only. Circle Square is not open to the general public. Every person in the facility is an NDIS participant or a member of our support team.

THE FACILITY

Our space at 96 Tucker St, Breakwater was built entirely for all-abilities use. Wheelchair-accessible throughout. A dedicated social space and gym floor, all designed from scratch. Transport is included in group programs. We collect and return participants every session at no extra cost.

THE TEAM

Every Circle Square team member is dual-qualified: a disability support worker and a certified personal trainer. The person who trains your participant is the same person who understands their needs, communicates their progress, and shows up every session.



WHAT WE OFFER

Seven Services. One Facility.

All services are delivered under NDIS Support Category 04 (Assistance with Social, Economic and Community Participation). Every service is available independently or in combination depending on the participant's goals and plan.

<p>01</p> <p>One-to-One Fitness Support</p> <p>Personalised training with a qualified PT and experienced support worker. Tailored 12-week programming built around the individual's goals, needs, and how they move.</p>	<p>02</p> <p>Small Group Programs</p> <p>Active, social, and fun. Maximum 1:3 staff-to-participant ratio. We collect participants, train together, and drop them home. Never lost in a crowd.</p>
<p>03</p> <p>Social space</p> <p>Gaming, TV, crafts, and connection. Runs alongside all programs. Independent skill building, social engagement, regulation, or simply a comfortable place to spend time.</p>	<p>04</p> <p>Therapy Assistance</p> <p>Working alongside your participant's physio or EP to deliver clinician-prescribed programs in a purpose-built environment that supports the clinical work already planned.</p>
<p>05</p> <p>Transport Included</p> <p>Door-to-door pickup and drop-off included per session for group programs. No additional invoices. No logistics for coordinators to manage. Claimed as activity-based transport.</p>	<p>06</p> <p>Industry Experience</p> <p>Mentoring and genuine exposure for participants interested in a career in health and fitness. Working alongside our team in a real professional environment.</p>
<p>07</p> <p>Goal Setting & Progress Reviews</p> <p>Every participant has a structured 12-week goal block. Progress is tracked, documented, and formally reviewed, giving coordinators the evidence they need and participants something to be proud of.</p>	

<p>QUESTIONS ABOUT SERVICES?</p> <p>Alex</p> <p>Founder & Director</p>	<p>PHONE</p> <p>0408 171 558</p> <p>WEBSITE</p> <p>circlesq.com.au</p>	<p>EMAIL</p> <p>alex@circlesq.com.au</p> <p>RESPONSE TIME</p> <p>Within 24 hours</p>
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FUNDING & FEES

Simple, Transparent. No Cost to the Participant.

<p>FUNDING ACCEPTED</p> <p>Self & Plan Managed</p> <p>Self- and plan-managed welcome. Agency-managed not available.</p>	<p>SUPPORT CATEGORY</p> <p>Cat. 04</p> <p>Assistance with Social, Economic & Community Participation.</p>	<p>OUT-OF-POCKET COST</p> <p>\$0.00</p> <p>No gap fees. No co-contributions.</p>
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All services are priced in accordance with the current NDIS Pricing Arrangements and Price Limits. Invoices for plan-managed participants are sent directly to the plan manager. Participants and families do not receive invoices and are not required to pay anything out of pocket.

SUPPORT ITEM	DESCRIPTION	RATE
04_102_0125_6_1	Group and Centre Based Activities, 1:1 Support One-to-one fitness support, group program participation, social space, therapy assistance	\$70.23/hr
04_599_0125_6_1	Centre Capital Cost Applied per hour of centre-based service use	\$2.59/hr
04_102_0125_6_1	Non Face-to-Face, Program Planning Up to 15 minutes per session for planning and documentation	\$70.23/hr
04_591_0125_6_1	Activity Based Transport Door-to-door transport, charged per kilometre	\$1.00/km

Typical Group Program Session (2 hours): Approximately **\$282 per participant**, inclusive of support hours, centre capital cost, non-face-to-face planning, and transport. This figure varies slightly based on distance travelled. Contact us for a personalised estimate.

Note on line items: Depending on the nature and combination of supports delivered, different NDIS line items may apply. We will always discuss the appropriate funding structure with you before a service agreement is signed, and ensure the correct items are applied for each participant's individual situation.

<p>FUNDING QUESTIONS?</p> <p>Alex</p> <p>Founder & Director</p>	<p>PHONE</p> <p>0408 171 558</p> <p>WEBSITE</p> <p>circlesq.com.au</p>	<p>EMAIL</p> <p>alex@circlesq.com.au</p> <p>ABN</p> <p>39 623 835 259</p>
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THE PROCESS

Four Steps. We Handle the Rest.

The referral process is designed to be as simple as possible for coordinators. You complete the form. We take it from there.

<p>01</p> <p>Submit a Referral</p> <p>Complete the online referral form at circlesquare-trainers.netlify.app/referral.html?region=geelong with participant and NDIS details. We'll be in touch within 24 hours to discuss fit, schedule a walkthrough, and confirm next steps.</p>	<p>02</p> <p>Service Agreement</p> <p>We prepare a service agreement aligned to the participant's NDIS plan. Families and support coordinators receive a copy for their records. Self-managed participants sign directly with us.</p>
<p>03</p> <p>Participant Begins</p> <p>The first session is a relaxed meet-and-greet at the facility, low pressure, no training required. We get to know the participant before building anything. No rushing.</p>	<p>04</p> <p>Invoicing</p> <p>Invoices are generated per session and sent directly to the plan manager. Self-managed participants receive invoices to claim through myNDIS. No participant pays anything directly.</p>

WHAT YOU'LL NEED FOR THE REFERRAL

The online form collects everything we need to assess fit and get started. Have the following on hand:

<ul style="list-style-type: none"> ✓ Participant full name, DOB, address 	<ul style="list-style-type: none"> ✓ NDIS number and plan dates
<ul style="list-style-type: none"> ✓ Funding management type (self or plan) 	<ul style="list-style-type: none"> ✓ Plan manager name and email (if applicable)
<ul style="list-style-type: none"> ✓ Primary diagnosis and relevant disabilities 	<ul style="list-style-type: none"> ✓ Emergency contact name and phone
<ul style="list-style-type: none"> ✓ Known risks, behaviours of concern, or medical alerts 	<ul style="list-style-type: none"> ✓ Participant goals, interests, and background

SUBMIT ONLINE

**[circlesquare-trainers.netlify.app/referral.html?](https://circlesquare-trainers.netlify.app/referral.html?region=geelong)
region=geelong**

Or call Alex: 0408 171 558

GET IN TOUCH

We're Easy to Find. And Easier to Talk To.

ADDRESS 96 Tucker St Breakwater VIC 3219	PHONE 0408 171 558
EMAIL alex@circlesq.com.au	WEBSITE & ONLINE REFERRAL circlesq.com.au
INSTAGRAM @circlesquareballarat	ABN 39 623 835 259

COMMON QUESTIONS

Frequently asked by support coordinators.**Can agency-managed participants attend?**

We work with self-managed and plan-managed NDIS plans, so supports are claimed directly with no out-of-pocket cost. Agency-managed plans aren't available with us. If your participant is agency-managed and you think Circle Square is the right fit, contact us and we'll work through the options together.

Is there a minimum number of sessions per week?

No minimum. Some participants attend once a week, others two or three times. We work to what the participant's plan and goals support. We recommend once per week for consistency, but we never enforce this.

Is there a joining fee or waitlist deposit?

No joining fee. No waitlist deposit. No co-contribution. Submit a referral and we'll take it from there.

How does invoicing work?

We invoice per session, typically weekly or fortnightly. Invoices are sent directly to the plan manager and include all relevant NDIS information, support item numbers, dates, hours, rates, and participant name. Self-managed participants receive invoices to claim through myNDIS.

Can we visit before committing?

Absolutely. We encourage it. A walkthrough for the participant and their support coordinator is part of the intake process. We want the participant to feel comfortable before their first session, not surprised by it.

Ready to refer? The fastest way is the online form at circlesquare-trainers.netlify.app/referral.html?region=geelong, or call Alex directly on **0408 171 558**. We'll be in touch within 24 hours.